



JUNE | 2017

Bear Lake Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Breakfast Sausage Pizza Lunch Beef Hot Dogs, WG Bun, Ranch Potato Wedges, Fresh Oranges OR PB&J Sandwich, String Cheese, Goldfish	2 Breakfast Sausage & Pancake Wrap Lunch Garlic Cheese French Bread, Peas, Fresh Apples OR Yogurt Parfait, Granola, Blueberry Muffin
5 Breakfast Oatmeal Rounds Lunch * Brunch * Maple Pancakes, Sausage Patties, Hash Browns, Applesauce OR Baked Potato Bar, Stuffed Pretzel	6 Breakfast Sausage & Egg Sandwich Lunch Loaded Nachos, Salsa, Romaine, Brown Rice, Pineapple OR Turkey and Cheese Sandwich, Chex-Mix	7 Breakfast French Toast Sticks Lunch Breaded Chicken Sandwich, Roasted Local Asparagus, Tropical Fruit OR Corn Dog, Green Bean Fries	8 Breakfast Egg & Bacon Pizza Lunch HM Spaghetti, Garlic Bread, Carrots & Peas, Fruit Slushie OR PB&J, String Cheese, Teddy Grahams	9 Breakfast Bagel and Cream Cheese Lunch HM Chicken Pasta Salad, Cheese Biscuit, Pears OR Yogurt Parfait, Granola, Blueberry Muffin
12 Breakfast Cinnamon Roll Lunch HM Sloppy Joe's, WG Bun, Curly Fries, Sliced Peaches OR Baked Potato Bar, Stuffed Pretzel Stick	13 Breakfast Breakfast Sliders Lunch BBQ Beef Rib, WG Bun, Corn, Pineapple & Oranges OR Turkey and Cheese Sandwich, Cheez-its	14 Breakfast Maple Pancakes Lunch Cheeseburger, WG Bun, Hash Brown Stars, Fresh Fruit OR Corn Dog, Green Bean Fries	15 Breakfast ~ Cook's Choice ~ Lunch ~ Cook's Choice ~	16
19	20 <i>ENJOY</i>	21 <i>YOUR</i>	22 <i>SUMMER!</i>	23
26 <i>SEE</i>	27 <i>YOU</i>	28 <i>NEXT</i>	29 <i>SCHOOL YEAR</i>	30 <i>LAKERS!!</i>

News

~ June is National Fresh Fruit and Vegetable Month! ~

Breakfast Served Daily: Includes cold cereal, yogurt, 100% fruit juice, fresh fruit, milk, and a daily hot item. Fat Free or low fat milk available every day

Condiments may include ketchup, mustard, mayonnaise, R/F salad dressings, bbq sauce, honey mustard

Lunch includes selections from the Veggie Bar which may include pepper strips, cherry tomatoes, cucumbers, spinach & romaine lettuce, black beans, garbanzo beans, celery and carrot sticks

Food Service reserves the right to change the menu without notice.

Prices:

Breakfast-- \$1.50 K-12
Lunch - \$2.65 Elementary
\$2.90 Middle/High School
Reduced Breakfast: \$0.30
Reduced Lunch: \$0.40
Adult Breakfast -- \$2.75
Adult Lunch -- \$4.00

Corinne Fauble, Head Cook,
Tim Klenow, FS Director, 231.864.3133

We are proud to serve local produce when available

Students who qualify for free or reduced lunch also qualify for free or reduced breakfast. Start your day right – Build a Healthy Breakfast!

Questions concerning the menu please contact

Tim Klenow,

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