



# OCTOBER | 2017

## Great Beginnings Child Care Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>Lunch</b> Cheeseburger, Ranch Potato Wedges, Peaches <b>Snack</b> Apples, Cheez-its <b>PM Snack</b> Goldfish, Milk	<b>3</b> <b>Lunch</b> Taco Pizza, Romaine, Salsa, Brown Rice, Pineapple <b>AM</b> Bug Bites, Milk <b>PM</b> Animal Crackers, Milk	<b>4</b> <b>Lunch</b> ✂ Chicken Egg Roll, Fried Rice, Stir-fry Vegetables, Oranges <b>AM</b> Mini-Grahams, Milk <b>PM</b> Minion Grahams, Milk	<b>5</b> <b>Brunch</b> Mini Pancakes, Sausage Patties, Hash Browns, Fruit ✂ <b>AM</b> Apple, Cheese <b>PM</b> Craisins, Apple	<b>6</b> <b>Lunch</b> 🚜 Stuffed Crust Pepperoni Pizza, Broccoli, MI Apples <b>AM</b> Scooby-Doo, Milk <b>PM</b> Banana, Cheese
<b>9</b> <b>Lunch</b> Mini Corn Dogs, Sweet Waffle Fries, Diced Pears <b>AM</b> Goldfish, Milk <b>PM</b> Craisins, Milk	<b>10</b> <b>Lunch</b> Pork Tacos, Salsa, Romaine, Steamed Corn, Pineapple <b>AM</b> Apple, Cheese <b>PM</b> Mini-Grahams, Milk	<b>11</b> <i>~ Watermelon Wednesday ~</i> <b>Lunch</b> <b>HM</b> Sloppy Joes, WG Bun, Seasoned Curly Fries, MI ✂ Watermelon 🚜 <b>AM</b> Minion Grahams, Milk <b>PM</b> Bug Bites, Milk	<b>12</b> <b>Lunch</b> "Laker Bowl", Chick ✂ Potatoes, Corn, Gravy, Cheese <b>PM</b> Craisins, Cheese <b>AM</b> Goldfish, Milk	<b>13</b> <b>Lunch</b> Bosco Sticks, Green Bean Fries, Mixed Fruit ✓ <b>AM</b> Goldfish, Milk <b>PM</b> Banana, Milk
<b>16</b> <b>Lunch</b> Chicken Patty, WG Bun, Potato Stars, Peaches <b>AM</b> Apples, Cheez-its <b>PM Snack</b> Goldfish, Milk	<b>17</b> <b>Lunch</b> Walking Taco, Salsa, Romaine, Bean Dip, Fruit <b>AM</b> Bug Bites, Milk <b>PM</b> Animal Crackers, Milk	<b>18</b> <i>~ Watermelon Wednesday ~</i> <b>Lunch</b> ✂ 🚜 Grilled Cheese Sandwich, <b>HM</b> Tomato Soup, MI Watermelon <b>AM</b> Mini-Grahams, Milk <b>PM</b> Minion Grahams, Milk	<b>19</b> <b>Lunch</b> Chicken and Waffles, Green Beans, Orange Wedges <b>AM</b> Apple, Cheese <b>PM</b> Craisins, Apple	<b>20</b> <b>Lunch</b> ✓ Garlic Cheese French Bread, Broccoli, Peaches <b>AM</b> Scooby-Doo, Milk <b>PM</b> Banana, Cheese
<b>23</b> <b>Lunch</b> 🚜 Philly Cheese steak, Potato Rounds, MI Apples <b>AM</b> Goldfish, Milk <b>PM</b> Craisins, Milk	<b>24</b> <b>Lunch</b> Soft Shell Tacos, Romaine, Salsa, Tostitos, Pears <b>AM</b> Apple, Cheese <b>PM</b> Mini-Grahams, Milk	<b>25</b> <b>Lunch</b> 🚜 Chicken Alfredo, Garlic Bread, MI Broccoli, Fresh Apples <b>AM</b> Minion Grahams, Milk <b>PM</b> Bug Bites, Milk	<b>26</b> <b>Lunch</b> General Tso's Chicken, Brown Rice, Stir-Fry Veggies, Pineapple <b>PM</b> Craisins, Milk <b>AM</b> Goldfish, Milk	<b>27</b> <b>Lunch</b> Pepperoni French Bread, Steamed Corn, Fruit <b>AM</b> Goldfish, Milk <b>PM</b> Banana, Milk
<b>30</b> <b>Lunch</b> Hamburger, WG Bun, Green Bean Fries, Mixed Fruit <b>AM</b> Apples, Cheez-its <b>PM Snack</b> Goldfish, Milk	<b>31</b> ✂ 🍁 <b>Lunch</b> Cheeseburger Mac & Cheese Bowl, Carrots, Apples <b>AM</b> Bug Bites, Milk <b>PM</b> Animal Crackers, Milk			

### Information



Lunch includes selections from the Veggie Bar which may include fresh pepper strips, cherry tomatoes, cucumbers, spinach or romaine lettuce, cauliflower, broccoli, celery, and carrot sticks

All of our breads and buns are 100% whole grain



Ice cold milk options available daily: fat free white, low fat white



Corinne Fauble, Head Cook,  
 Tim Klenow FS Director,  
 231-864-3133



farm to school



homemade



meatless lunch

This Institution is an equal opportunity provider